MENTAL HEALTH SUPPORT FOR STUDENTS

## Guiding Your Child through Depression

Many students struggle with depression, making it harder to focus, learn, and thrive. Through our partnership with **Daybreak Health**, students can access **one-on-one mental health support** from licensed professionals — in most cases with **costs fully covered**.

## School staff & parents can refer students for support:

<u>Make a Referral</u>

## April Webinar: Guiding Your Child through Depression

Daybreak Health is hosting a **free parent webinar** to help families better understand and support youth depression. This session will provide expert insights, practical tools, and a live Q&A with a licensed clinician.



## Class in English: Clase en Español: Wednesday, April 16th Jueves, 17 de abril 5:00 PM PST I 8:00 PM EST 5:00 PM PST I 8:00 PM EST Register Here Regístrese Aquí



Scan to Register

